

Essex General Practice Appointments

AUGUST 2026

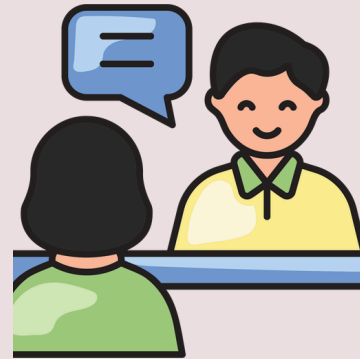
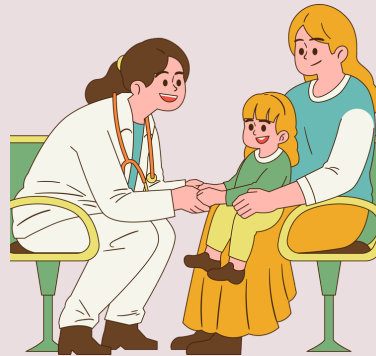


Data published on 24 September 2026 by NHS Digital

The number of registered patients with an Essex GP practice as at 31 AUGUST 2026 is: 2,009,408
(this is a decrease of 3,322 patients from July 2026)

871,674

...APPOINTMENTS
OFFERED FOR ALL
PRACTICE STAFF



575,568

...PATIENTS
SEEN
FACE-TO-FACE

46%

...OF PATIENTS WHO
CONTACTED THEIR
PRACTICE HAD A SAME
DAY APPOINTMENT



1 in 3.54

...REGISTERED PATIENTS
HAD A FACE-TO-FACE
APPOINTMENT

27,946

...IS THE NUMBER OF
'DID NOT ATTEND'
APPOINTMENTS



1,863

...IS THE NUMBER OF
HOURS WASTED
(based on 15 minute appointments)

Before contacting the practice, please do consider these options:

- The NHS website: www.nhs.uk
- 111 online: 111.nhs.uk
- Mental Health Support: www.nhs.uk/every-mind-matters
- Find a Pharmacy: www.nhs.uk/service-search/pharmacy/find-a-pharmacy
- Advice for parents of children and young people: healthierttogether.nhs.uk



- You may not always need to see a GP...
- Our trained clinical staff can treat a range of conditions...
- Helping you to be seen and treated sooner...



Your GP practice is here to support you. So, please continue to show them your support by being kind, patient and responsible when accessing their services.

Thank you for your support.