

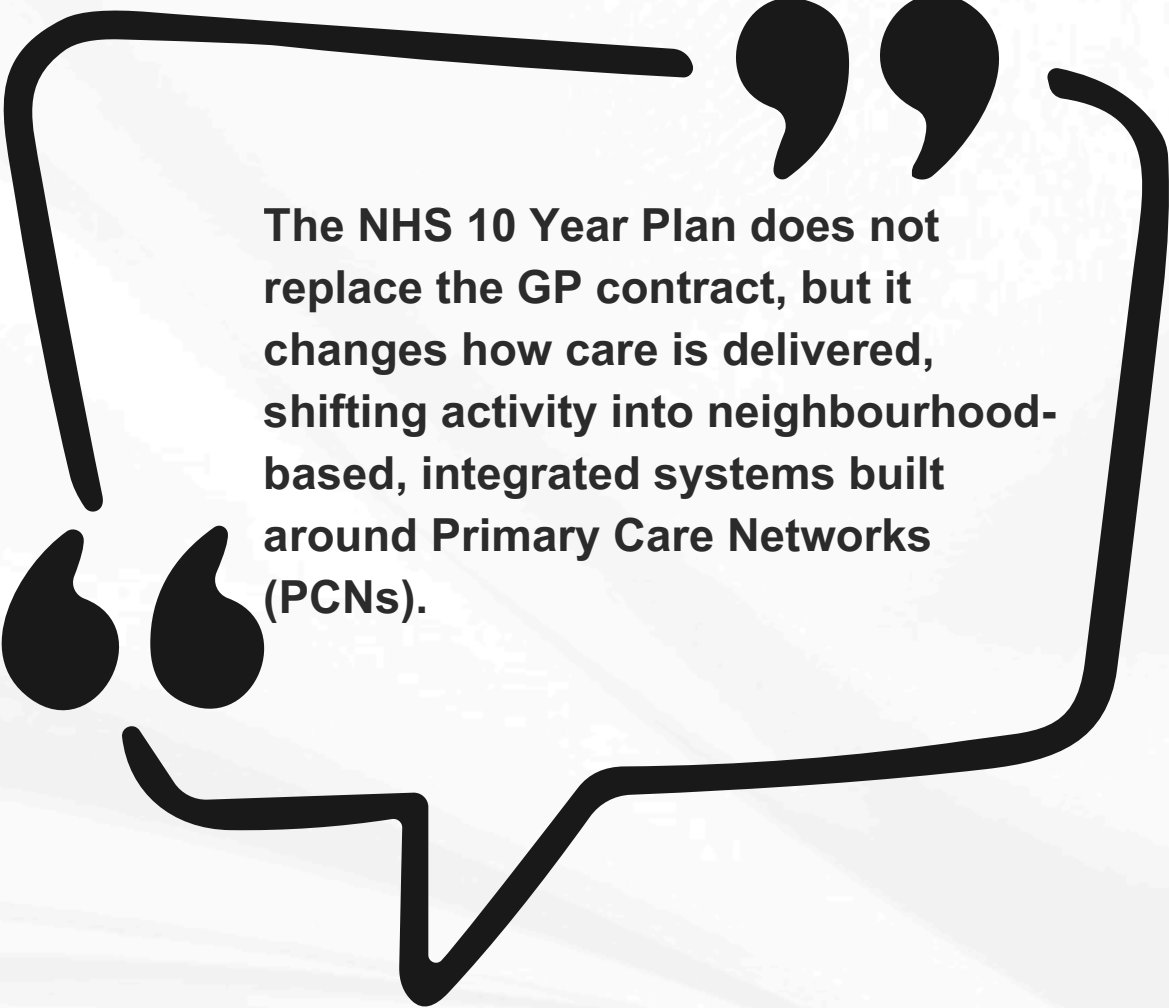


North & South Essex
Local Medical Committees

NHS 10 Year Plan Briefing

24 March 2026

Key Message



The NHS 10 Year Plan does not replace the GP contract, but it changes how care is delivered, shifting activity into neighbourhood-based, integrated systems built around Primary Care Networks (PCNs).

The Direction of Travel



1. Care Moving Closer to Home

- Expansion of community-based services
- Reduced reliance on hospital care
- Neighbourhoods (30–50k population) as the default delivery unit

2. Prevention Over Treatment

- Increased focus on population health management
- Earlier intervention in long-term conditions
- Targeting health inequalities

3. Digital Transformation

- Online access and triage models
- Shared records across organisations
- Data-driven commissioning and care

What This Means for GP Practices



GP Contract

- GMS/PMS/APMS remain the foundation
- Independent contractor status unchanged (short term)
- Core funding streams still apply

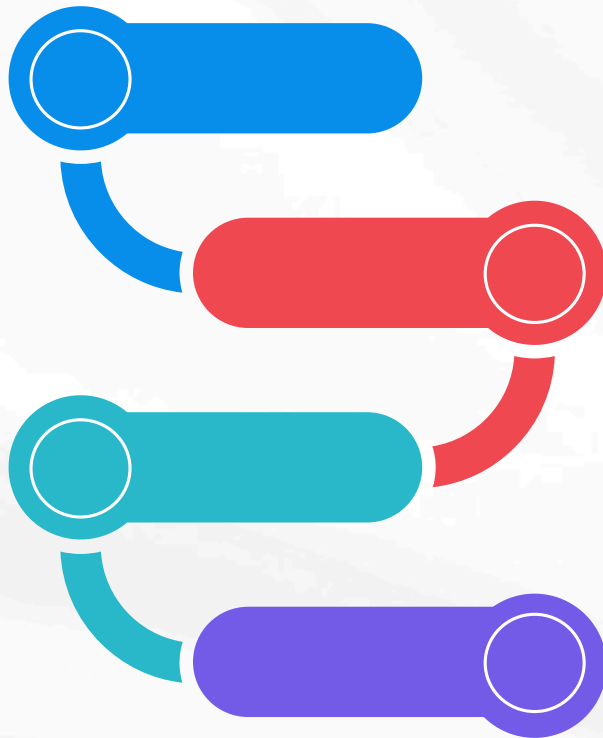
Neighbourhood Model (Essex)

- Built on PCNs
- Integrated teams: GPs, ARRS, community, social care
- Increasing delivery at neighbourhood level rather than practice level

Funding Shift

- More services commissioned via the ICB at neighbourhood scale
- Access to funding increasingly linked to:
 - Collaboration
 - Participation in shared delivery models

Timeline of Change



Short Term (1–2 years)

- Contract stability
- Increased PCN / neighbourhood expectations

Medium Term (3–5 years)

- More funding flows via neighbourhoods
- Shared accountability for outcomes

Long Term (5–10 years)

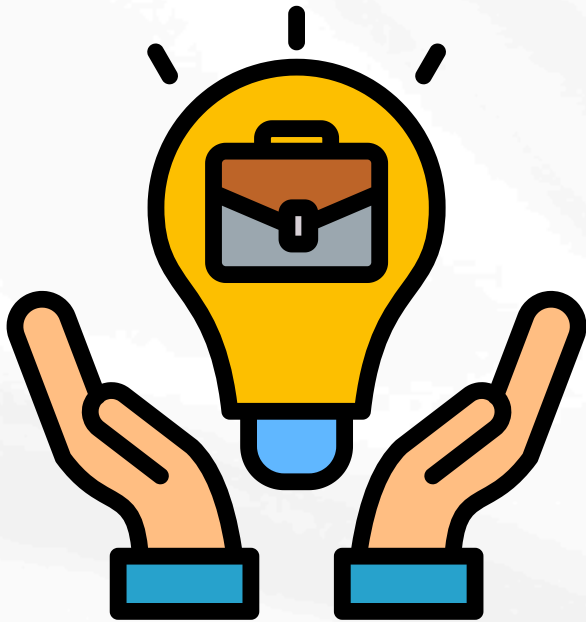
- Neighbourhoods become the core operating model
- Practices embedded within integrated provider systems

Risks for Practices



- Loss of influence if not engaged in neighbourhood structures
- Reduced control over service delivery
- Unclear accountability across organisations
- Workforce fragmentation

Opportunities



- Access to wider multidisciplinary workforce
- More sustainable workload distribution
- Ability to shape local system design
- Improved patient outcomes through integration

Recommended Actions for GP Partners/Boards



- Engage actively in PCN and neighbourhood leadership
- Understand emerging funding flows and commissioning routes
- Review workforce strategy, especially ARRS utilisation
- Influence ICB plans early rather than react later
- Strengthen collaboration with neighbouring practices
- Prepare for digital and data integration requirements

Further Reading / Key Sources



- **NHS 10 Year Plan (full):**
- <https://www.gov.uk/government/publications/10-year-health-plan-for-england-fit-for-the-future>
- **Neighbourhood Health Framework:**
- <https://www.gov.uk/government/publications/neighbourhood-health-framework/neighbourhood-health-framework>
- **NHS England Planning Framework:**
- <https://www.england.nhs.uk/long-read/planning-framework-for-the-nhs-in-england/>
- **GP Contract Framework:**
- <https://www.england.nhs.uk/publication/gp-contract-five-year-framework/>
- **BMA GP Contract & Campaign Guidance:**
- <https://www.bma.org.uk/our-campaigns/gp-campaigns/england/gp-contract-campaigning-in-england>
- **NHS Confederation (Neighbourhood Models):**
- <https://www.nhsconfed.org/publications>



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