



Member Newsletter – Spring 2024



News from the Chair

I would like to begin my first newsletter as Chair of the Cameron Fund by thanking you all for your membership. By being a member of the Cameron Fund you are showing support for GP colleagues in financial hardship and your role in spreading the word about our work is vital. There is no annual subscription fee and, as you know, members are entitled to stand for and vote in our Council elections. If you have colleagues who might be interested in joining, please do put them in touch with the office who will be happy to send further details, or visit our website: www.cameronfund.org.uk/about-us/membership/.

Next, I would like to say a deep and heartfelt thank you to two long-standing and loyal members of our Council of Management: Gary Calver and Richard Brown. Gary has given many years of service to the Fund as both a trustee and as a truly effective Chair. Richard has been a dedicated and supportive trustee and we will miss the wisdom and guidance that both have given during their time on Council.

Luckily, we have a number of new trustees who are already contributing fully to the work of the Fund and to discussions about our present financial situation. Over the last few years we have seen a steady increase in applications, however the value of donations received has declined. We are acutely aware that the cost-of-living crisis affects our supporters who were previously able to donate, however this has left us with less income to help our beneficiaries. We wish to continue our essential work in assisting colleagues at this time of financial crisis, however the drop in income means that we are having to make some tough decisions about who we can help in the future.

My thanks also to our Chief Executive, Jill Rowlinson, Administrator, Clare Young, and to our new caseworker, Conol Cassidy. Both trustees and staff will continue to work together to strengthen the Fund and we will bring you further updates as the year goes on. Also attached is a copy of our latest Annual Review, which contains a summary of our activities in 2023.

Pension advice

The Cameron Fund is pleased to announce that we now have an association with Paul Gordon, head of the healthcare team at Atomos (a well-known financial planning company). Paul's particular area of expertise is NHS Pensions and he regularly speaks at LMC and other Primary Healthcare Conferences. Paul will be able to assist our beneficiaries where it is in their interests to seek early payment of their pensions and we are very much looking forward to working with him.

The Wounded Healer

A New Hope for Workforce Wellbeing and
Solutions for the Future
Conference of NHS Practitioner Health

Thursday 27th – Friday 28th June 2024
30 Euston Square, London and Hybrid



International Practitioner Health

Summit 2024: The Wounded Healer

Our Chief Executive, Jill Rowlinson, will be speaking at this conference on Thursday 27 June and will be joined by one of our recent beneficiaries. The conference, chaired by Dame Clare Gerada, will focus on workforce wellbeing and solutions for the future. Further details about

the programme and how to book are available at:

www.healthcareconferencesuk.co.uk/conferences-masterclasses/international-practitioner-health-wounded-healer



Making a difference

We would like to share this message from one of our beneficiaries, Dr M F. This GP had been in an abusive marriage and was struggling to cope with a difficult divorce and the costs of being a single parent. The Cameron Fund was able to help by providing a grant until the GP found a safer home environment and the guarantee of child maintenance which had not previously been paid.

“Thank you so much for all of the help you have given me. I wouldn't have managed without it. It's been such a great support through a really difficult time emotionally and financially, and I really hope I can help fundraise or give something back one day. Please pass this on and my warmest wishes to the committee.”

Fundraising



If you are taking part in a fundraising event this year – whether it be a marathon or a readathon – please consider making us your chosen charity. We now have a JustGiving page at <https://www.justgiving.com/cameron-fund> or we can set up a fundraising page through our CAF account. Please contact the office for more information.

Thank you for your donations

We received £10,874 in donations to our 2023 Christmas Appeal and would like to thank everyone who has supported and continues to support the Cameron Fund so generously. If you made a donation to the Fund at Christmas by paying directly into our bank account and have not received a thank you from us, please do get in touch so that we can write to you.

Your donations make an enormous difference as they allow us to continue our work in helping GPs and their families. If you are able to, please consider making a simple, one-off donation by scanning the QR code shown here. Or, to find out about other ways you can donate, please visit [our website](#).

