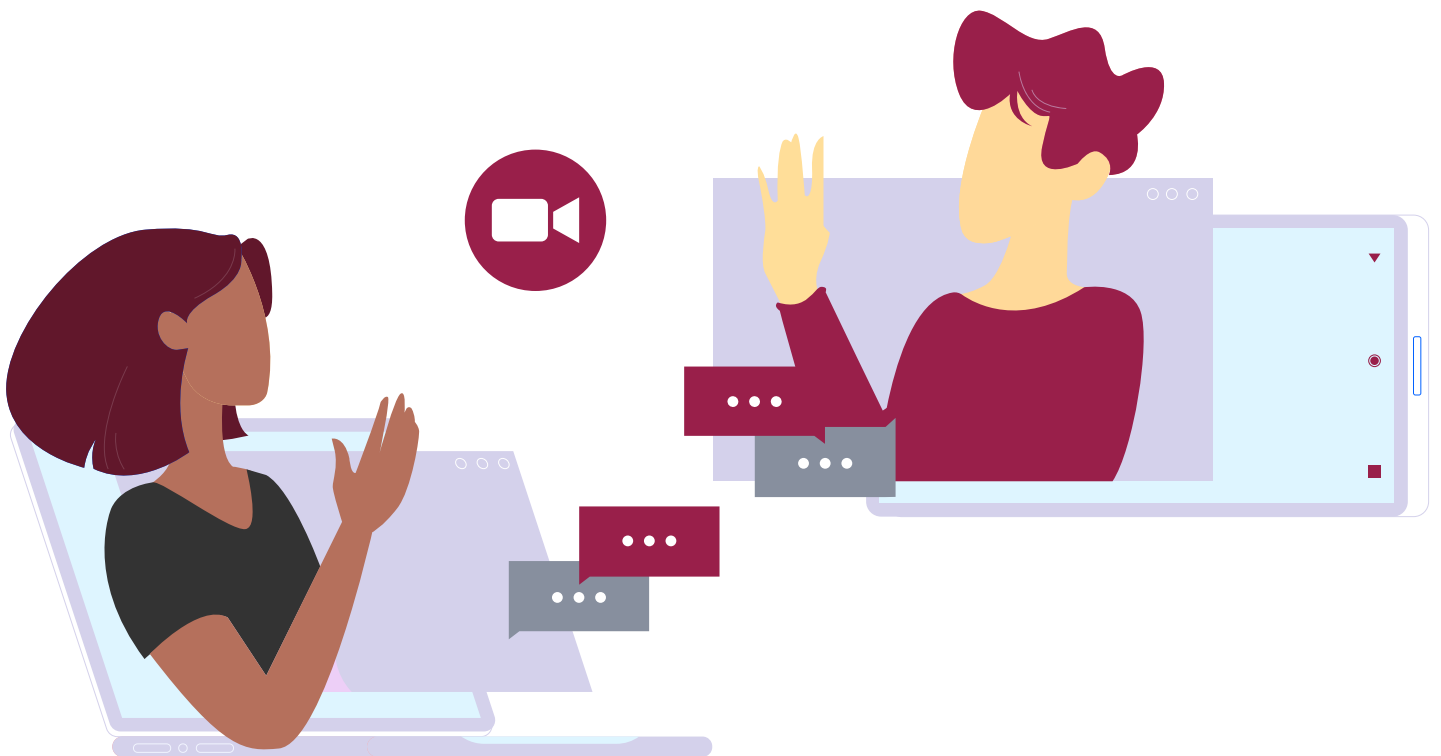




North & South Essex
Local Medical Committees

Practice Manager Supporter Scheme

Advice, support and peer to peer personal development reviews are available for new, experienced and assistant/deputy Practice/PCN Managers in Essex.



What is the Practice Manager Supporter Scheme?

The primary objective of this scheme is to offer dedicated support and advice to Practice Managers/PCN Managers, recognising the unique challenges they face and providing assistance to safeguard their well-being. The Practice Manager Supporters will be there to lend a helping hand, ensuring that Practice/PCN Managers have the resources and guidance they need to navigate the demands of their roles.

This scheme has received full funding from all Essex Integrated Care Boards (ICBs). It comprises of six Practice Managers and one PCN Manager Supporter who are actively working across different regions of the county. Practice/PCN Managers can benefit from this scheme without any associated costs.

Essex LMCs are committed to promoting a supportive and sustainable working environment for all primary care staff, and through the Essex Practice Manager Supporter Scheme, they aim to alleviate the burden on Practice/PCN Managers, ultimately benefiting general practice in Essex.

What support can I get?

Advice, support and peer to peer Personal Development Reviews are available for new, experienced and assistant/deputy practice managers in Essex. It's important to note that all interactions are treated with the utmost confidentiality. The information you share with your chosen supporter remains strictly between you and them. We understand the sensitive nature of the challenges you may face as a Practice/PCN Manager, and we are committed to maintaining the privacy and trust that is essential for effective support.



PEER TO PEER SUPPORT

Whether you need practical advice, guidance on workload management, well-being, HR matters, finance, IT, operations, CQRS, QOF, or simply need someone to talk to/listen over a cup of coffee, rest assured that support is readily available. You have the option to access this support in person, virtually, or over the telephone, depending on your preference and convenience.



PERSONAL DEVELOPMENT REVIEWS

The purpose of this service is to provide a supportive environment where Practice/PCN Managers can learn from each other's experiences, share insights, and collaborate on personal development goals. Through peer-to-peer interactions, Practice/PCN Managers can gain valuable knowledge, identify areas for improvement, and develop strategies to enhance their professional skills.

How do I get started?

- 1 Create an account by visiting www.primary-care.support
- 2 Select one of our 7 supporters and view their expertise online to get started
- 3 Create a new support request or a personal development review
- 4 Schedule a meeting with your supporter, this can be in-person, virtual or a quick telephone call

