



Chief Executive/Secretary: **Dr Brian D Balmer**
Deputy Chief Executive: **Dr Vaiyapuri Raja**

January 2024

PLEASE CIRCULATE TO ALL GPs AT THE PRACTICE
NOMINATIONS ARE INVITED FOR THE ELECTION OF REPRESENTATIVES TO
NORTH ESSEX LOCAL MEDICAL COMMITTEE

Dear Doctor

The election of members to the following constituencies of North Essex LMC will be held in March 2024:-

Colchester	6	Open to Principal, Salaried and Locum GPs working in the Colchester area
Epping	4	Open to Principal, Salaried and Locum GPs working in the Epping area
Tendring	4	Open to Principal, Salaried and Locum GPs working in the Tendring area

The number of members to be elected is based on the registered patient population in each constituency as at 1st January 2024. **The term of office for these constituencies will run for four years from 1st April 2024 until 31st March 2028.**

Nominations are invited for these vacancies. Each candidate must be nominated by **two** GPs in the constituency for which they are standing. Locum GPs should seek nomination in the constituency in which they predominantly work. If you are in any doubt as to which constituency you are eligible to stand/vote in, or would like any further information regarding being an LMC representative, please contact the LMC office.

The Committee meets at 2:15pm on the second Thursday of each month, with the exception of August. At present the majority of meetings are being held via MS Teams, with the remainder taking place face to face at Boreham Village Hall, Chelmsford. An attendance fee of £170.00 is paid to members (travel expenses will be reimbursed for face-to-face meetings).

It is vital at this time of rapid change and uncertainty in the NHS that the LMC continues to be the local voice of general practice. We are independent of NHS England and ICSs and will work with them on behalf of ALL GPs.

Nomination Papers for all constituencies are available to download from the LMC website at [Election Timetable - Essex LMC](#) and on request from the LMC office. Please submit your completed nomination form by e-mail to the LMC office by Friday 23rd February 2024. Should the number of nominations received for any constituency exceed the number of vacancies, an election will be held. For further information please contact the LMC office.

Yours sincerely

Dr Brian Balmer
Chief Executive & Returning Officer