



North & South Essex

Local Medical Committees

Local
Enhanced Services
Commissioned in
Essex or Elsewhere

A Guidance Document for Practices

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Local Enhanced Services

Local Enhanced Services

- Local Enhanced Services (LES) are services not provided through essential or additional services. They are more specialised services, delivered by healthcare professionals to meet specific local health needs. LES are largely commissioned by ICBs although Local Authorities have responsibility for the commissioning of certain public health services.

The Commissioner determines if they need a LES locally; commissioning arrangements vary across Essex and across the country. They vary in scope and funding. All enhanced services are voluntary, and it is for practices to decide whether to sign up to a LES.

The LMC knows that General Practice is experiencing its most challenging time, and it has never been more important that practices take a serious review of LES currently provided and any new LES that they may be considering providing in the future. Consideration needs to be given to whether they are properly resourced and if not, is it viable to continue providing them. Of more importance, are the services being commissioned at all, without necessary resources and therefore being provided at cost to the practice.

The following section shares examples of LES that have been commissioned in Essex and in other parts of the country. Where a service has historically been, or is being commissioned as a LES, the LMC is firmly of the view that these areas of work have been identified as over and above essential/additional services and are non-core work for practices.

Examples of Local Enhanced Services

Example of Local Enhanced Services

• Examples of Local Enhanced Services that have been commissioned; this list is not exhaustive but provides practices with an indication of the kinds of services that should be funded outside of the core GMS contract;

- **Anticoagulation**
- **Cardiac:**
 - 24-hour BP
 - Ambulatory ECG
 - Non-urgent ECG
 - AF Screening
- **Cardiovascular screening health checks**
- **DMARDs**
- **Extended Hours**
- **Hospital Care:**
 - Post discharge input
 - Post-op suture removal
 - Pre and post-op swabs/investigations
 - Minor Injuries
 - Emergency treatment of minor injuries in General Practice
 - Wound Care Management
- **Mental Health:**
 - Dementia diagnosis & treatment initiation
 - Provision of depot antipsychotic medication
 - Depression counselling service
 - Learning Disabilities support

Examples of Local Enhanced Services (continued...)

Example of Local Enhanced Services (continued...)

- **Minor Surgery:**
 - Lumps and bumps
 - MSK
 - Vasectomy
- **Monitoring:**
 - MGUS
 - PSA in Cancer
 - PSA in non-cancer
- **Pathways:**
 - A & G
 - Bariatric surgery – postoperative monitoring of patients
 - Catheter changes and monitoring
 - Eating disorder physical monitoring and blood monitoring
 - D-dimer / DVT management to avoid hospital admissions
 - Dermatology Skin Cancer Monitoring – post op Melanoma, post op SCC, and Lichen Sclerosus
 - Dermoscopy
 - Diabetes care including insulin initiation
 - Falls
 - Glucose tolerance testing
 - Heart failure management
 - ICB requested audit
 - ICB requested education/pathway design
 - Over 75 LES medication reviews and health check, including house bound patients
 - Neonatal checks
 - Referral review scheme
 - Sigmoidoscopy

Examples of Local Enhanced Services (continued...)

Example of Local Enhanced Services (continued...)

- **Public Health:**
 - Administration of PVC and hib/men C vaccinations
 - Alcohol & substance misuse
 - Interventions to reduce alcohol related harm
 - Immunisation catch up campaigns
 - Flu immunisation
 - Infection prevention
 - Screening for outbreaks in institutions at the request of Public Health
 - Smoking Cessation
- **Respiratory**
 - Spirometry
- **Secondary Care:**
 - Pre-referral paperwork
 - Investigations & other procedures
 - Referral review
- **Sexual Health:**
 - Administration of gonadorelin for patients with endometriosis
 - Chlamydia screening
 - Contraceptive device fittings
 - Emergency hormonal contraception service
 - Injectable and depo contraception
 - Menorrhagia insertion of Mirena
 - Ring pessary
 - HIV in primary care

Examples of Local Enhanced Services (continued...)

Example of Local Enhanced Services (continued...)

- **Special Groups:**
 - Homeless patients
 - Asylum seekers and refugees
 - Nursing home care including virtual ward
 - Care homes
 - Carers support
 - Difficult to reach communities
 - Student health
- **Treatment Room:**
 - Complex leg ulcers treatment
 - Complex wound/ulcer management
 - Ear care
 - Phlebotomy
 - Post op wound management, including suture removal
 - Pre and post op swabs/investigations
 - Simple dressings
- **Urgent Care:**
 - Supporting ambulance service with advice.



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