



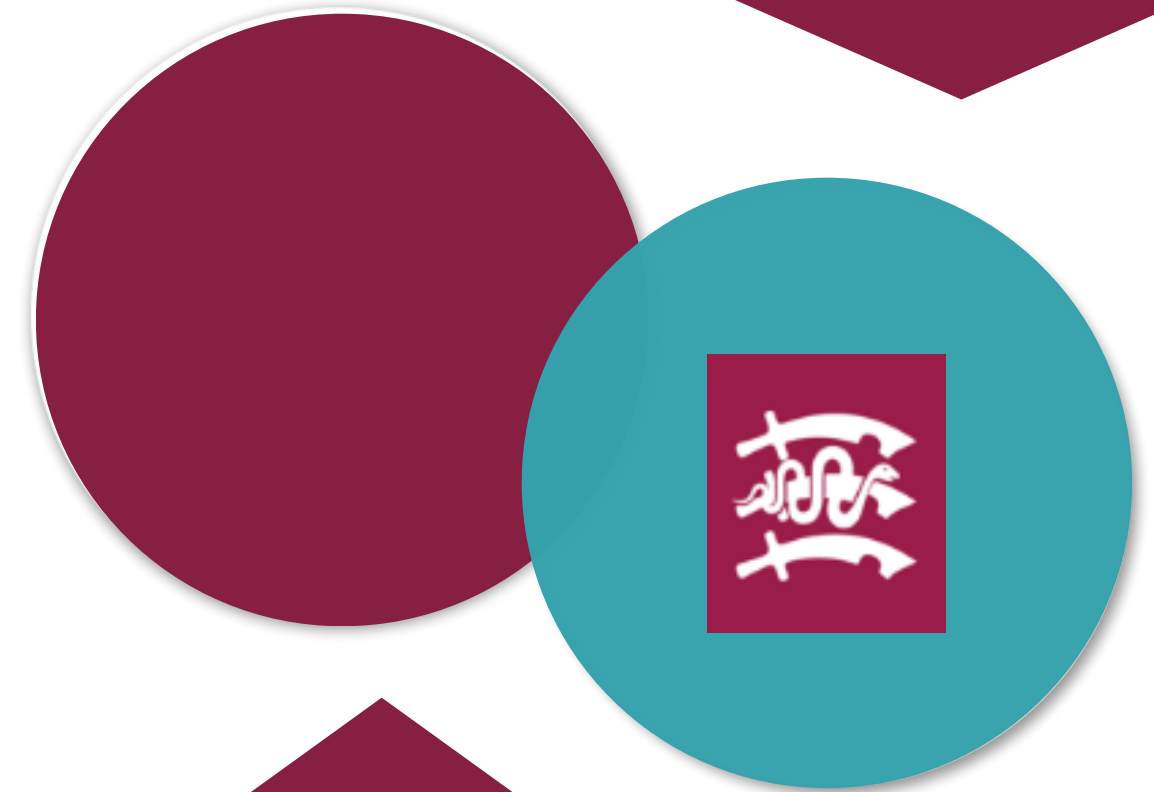
North & South Essex

Local Medical Committees

Two Local Medical Committees in
Essex Funded by GPs for GPs

Introduction Pack

Information for new Practice Managers



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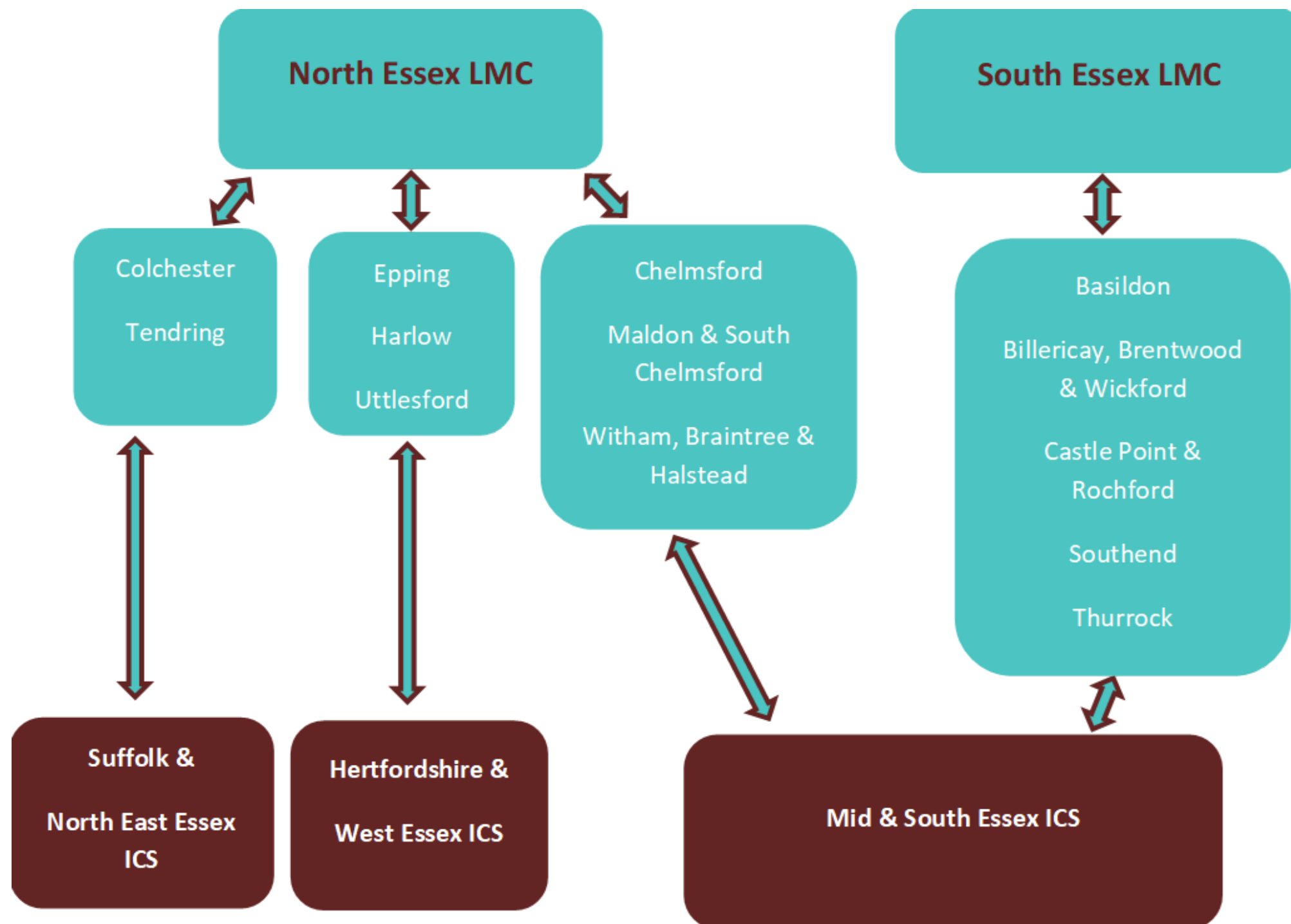
Dear Practice Manager,
I hope that you find this introduction pack helpful but please do not hesitate to contact myself or Annette if you require any further information.

Best wishes

Cathy Pedder
Liaison Manager

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What is the LMC?



North and South Essex Local Medical Committees (LMCs) are the local representative body of NHS GPs in Essex. LMCs are statutory bodies recognised by successive NHS Acts to represent the interests of all NHS GPs, regardless of their contractual status.

LMCs are funded by a statutory levy - in Essex this is based on practice capitation. In Essex there are two committees, North and South Essex, covering 13 geographic localities and three ICSs.

Major Functions

- Aiming to ensure sustainable general practice in Essex
- Providing personal and professional support to individual GPs



The LMCs are funded entirely by the GPs in North and South Essex and receive no NHS or public funding. The work of the Committees increasingly involves closer collaboration with all other health organisations and it is our belief that genuine advancement for GPs will inevitably lead to benefits to patients.

Legislation enables the LMCs to be representative of all GPs – principals and sessional GPs, inclusive of those working in GMS, PMS and APMS. In representing the core values of the profession the LMCs strive to promote the values of:

◆ Support ◆ Commitment ◆ Fairness ◆ Collaboration

The LMC Team and Contact Information



Find out more about the team by visiting our profiles on the LMC website [here](#)

Dr Brian Balmer

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Dedicated website page for Practice Managers: [Practice Managers - Essex LMC](#)

Practice Manager Supporter Scheme



North & South Essex LMCs offer support to Practice Managers through the Essex Practice Manager Supporter Scheme.

Practice Manager Supporters can provide ad-hoc advice and support for their practice manager colleagues. New, experienced and assistant practice managers can submit support requests via an online platform. Support can be offered in person, virtually or on the telephone.

A Peer-to-Peer appraisal service is also available to all Practice Managers in Essex.

Full details of the Practice Manager Supporter Scheme can be found on the LMC website at: [Primary Care Support - Essex - Practice Manager Mentors](#)





LMC Buying Group



All practices in Essex are automatically members of the LMCs Buying Group. Membership entitles practices to discounts on products and services provided by the Buying Group's suppliers. Membership is free and there is no obligation on practices to use all the suppliers.

Further details and information on how to register if you do not have a current Buying Group log-in can be found at: [Essex LMC Buying Group - Essex LMC](#)

PCSE Escalations

Help from the LMC to escalate your case to PCSE



Essex LMCs can escalate unresolved cases with PCSE on behalf of practices, subject to the following criteria being met:

- The constituent practice is experiencing severe financial hardship, or
- There is a potential risk to patient safety, or
- The constituent practice has been waiting for over 40 days since first raising the issue with PCSE, has a valid CAS number, and has reason to believe that resolution is not imminent.

Further information can be found at: [PCSE Escalations - Essex LMC](#)

LMC Newsletter & Guidance Documents



A monthly E-Newsletter is circulated to practices and can also be accessed via the LMC website. This will be sent via the Practice Manager e-mail address that we hold but individuals can also subscribe here: [Subscribe to LMC E-Newsletter](#)

When new guidance documents are issued or updated, an e-mail communication will be sent to Practice Managers with a weblink to the document concerned. To access all recent guidance, please go to: [Document Library - Essex LMC](#)

Our Website

Please visit: Home - [Essex LMC](#)



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SEARCH



Supporting GPs to deliver safe compassionate high quality care to their patients.

Caring for the entire person.

Enabling patients to experience continuous caring relationships with their GPs.

Appropriately skilled and trained General Practice teams.

Working and communicating effectively with all system partners involved in the health and wellbeing of our patients.

Providing financially sustainable services.

Delivering care in premises that are fit for purpose.

Working with the security of robust workforce succession plans.

Connect with us



www.essexlmc.org.uk



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